



**Non-fatal playground injuries are most often due to falls. About 45% of playground-related injuries are severe, which include fractures, internal injuries, concussions, dislocations, and amputations.**

### TIPS FOR THE PLAYGROUND:

- Check playgrounds where your children play. Look for age-appropriate equipment and hazards such as rusted or broken equipment and dangerous surfaces. Report any hazards to the school or municipality.
- Remove hood and neck drawstrings from all children's outerwear to avoid strangulation hazards on playgrounds.
- Make sure children remove bike helmets before using any playground equipment.
- Carry with you a first aid kit that includes any special medications or supplies that your child may need.
- Teach children proper playground behavior: no pushing, shoving or crowding. Tell them what equipment is appropriate for their age levels.
- Make sure children are supervised at all times when on playground equipment.

*Safe Kids Springfield is helping to reduce injuries to children in the Ozarks by providing educational programs for families, advocating for child safety laws, and conducting public awareness campaigns.*

**For more playground safety tips, contact Safe Kids Springfield at (417) 820-6671.  
[www.safekidsspringfield.org](http://www.safekidsspringfield.org)**

Led by: **ST. JOHN'S**  
POWERFUL MEDICINE

**Playground Safety**

